

## ALZHEIMER'S/DEMENTIA SUPPORT SERVICES CUMBERLAND COUNTY

**Alzheimer's Diagnosis and Evaluation:** *Through a comprehensive assessment, a team consisting of a geriatric physician and/or nurse, social worker and specialized staff determine the type of memory disorder or dementia. Information about the disease and assistance in obtaining the necessary resources to provide the most appropriate care are provided. Maine's evaluation centers are listed below:*

- The Center for Healthy Aging, Bangor  
(207) 973-7094
- Community Health and Counseling Services and Maine Coast Physician's Affiliate, Bangor  
(207) 947-0366
- AGES Program, University of New England, Biddeford and Portland  
1-800-930-2437 and (207) 283-4882
- The Alzheimer's and Memory Center, Eastern Neurology Associates, Bangor  
(207) 947-0558
- Memory Clinic, Cary Medical Center, Caribou  
(207) 498-3111 ext. 1394
- Gardiner Evaluation Unit, Gardiner  
(207) 626-1773
- MMC Geriatric Center, Scarborough  
871-2847

**Geriatricians:** *Physicians specializing in the care of the elderly.*

Christine Freme, MD	PO Box 790	Scarborough	883-3491
Mark Braun, MD	96 Campus Dr.	Scarborough	883-3491
Ben Farino, MD	PO Box 790	Scarborough	883-3491
David Scotton, MD	PO Box 790	Scarborough	883-3491
Scott Chase, DO	South Gate	Scarborough	883-4124
J. Chase Rand, DO	846 Main Street	Westbrook	856-6772
James Donahue, DO	491 US Route 1	Freeport	865-2225

**Geriatric Psychiatrists and Mental Health Professionals:** *Psychiatrists and other professionals specializing in the care of the elderly.*

Ronald Bailyn, M.D.	Maine Medical Center	Portland	871-4380, 761-6644
Dr. Rubin	Maine Medical Center	Portland	761-6644
Mary Fogg, Ph.D.	Maine Medical Center	Portland	871-2889
Denise Fuhrmann, Geropsychiatric and Geriatric Clinical Nurse Specialist			985-1743
Glenn Prentice, M.D.	Maine Medical Center	Portland	871-2889, 761-6644

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**Neurologists:** *A referral from a primary care physician is usually required for a neurologist, who specializes in brain diseases and disorders.*

John Boothby, MD	157 Pine Street	Portland	874-0100
Linda Brown, MD	930 Congress Street	Portland	883-8611
Kathryn Seasholtz	1250 Forest Avenue	Portland	797-2441
Walter Allan, MD	49 Spring Street	Scarborough	883-1414
John Belden, MD	49 Spring Street	Scarborough	883-1414
Edward Collins, DO	49 Spring Street	Scarborough	883-1414
Leonard Kaminow, MD	49 Spring Street	Scarborough	883-1414
Seth Kolkin, MD	49 Spring Street	Scarborough	883-1414
Stephen Rioux, MD	49 Spring Street	Scarborough	883-1414
John Sullivan, MD	49 Spring Street	Scarborough	883-1414
Richard Sullivan, MD	49 Spring Street	Scarborough	883-1414

**Elder Law Attorneys:** *Specifically knowledgeable about the laws and regulations that affect the elderly, including powers of attorney, guardianship, transfer of assets and Medicaid and Medicare.*

Stoddard L. Smith	49 Pleasant Street	Brunswick	721-0622
Powers & French	209 Main Street	Freeport	865-3135
Roger Asch	225 Commercial Street	Portland	761-5630
Fernand Martineau	278 Capisic Street	Portland	773-6105
Legal Services for the Elderly			1-800-750-5353
Lawyer Referral and Information Service			1-800-860-1460
Patricia Nelson-Read	449 Forest Avenue	Portland	828-1597
Mary Toole	12 Columbia Road	Portland	879-6054
Ed Saxby	87 Ocean Street	South Portland	767-9130
Vogel & Associates	PO Box 3649	Portland	761-7796
Volunteers Lawyers Project	PO Box 547 DTS	Portland	1-800-442-4293
Barbara Wheaton	Pierce Atwood	Portland	791-1100
James Young	LeBlanc & Young	Portland	772-2800
Charlotte Bates	PO Box 875	Scarborough	883-5020

**In-Home Respite:** *Funds are available through the **Partners in Caring** Program to pay for in-home respite and overnight respite at home or in a facility to give caregivers some time off. With temporary relief, families may be able to care for the person with dementia at home much longer than would otherwise be possible. For more information, contact:*

Southern Maine Agency on Aging 1-800-427-7411 or 775-6503

**Support Groups:** *Led by an experienced facilitator, caregivers have the opportunity to share experiences and get support and emotional encouragement from others.*

Good Neighbors		Bridgton	647-8099
United Methodist Church		Brunswick	729-8571
Sedgewood Commons	22 Northbrook Drive	Falmouth	781-5775
Casco Bay YMCA		Freeport	865-4782
Barron Center II	1145 Brighton Avenue	Portland	883-8636
Brentwood Rehab and Nursing Center		Yarmouth	846-9021
Bay Square at Yarmouth	27 Forest Falls Drive	Yarmouth	846-0044
Maine Medical Ctr-McGeachey Hall		Portland	772-0115

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**Adult Day Services:** *Day care centers provide a safe, structured setting, which can help to maintain functioning as long as possible.*

	Dionne Commons	24 Maurice Drive	Brunswick	725-4379
Alz	Respite Care	P.O. Box 402	Brunswick/Bath	729-8571
	Thomas Manor	56 South Casco Village Rd	Casco	655-2066
Alz	SPARC 1 <sup>st</sup> Methodist/179	Ridgeland Ave.	South Portland	767-2688
	Sedgewood Commons	22 Northbrook Drive	Falmouth	781-5775
	Gorham House	50 New Portland Road	Gorham	839-5757
Alz	Barron Center	1145 Brighton Avenue	Portland	774-2623
	St Joseph's Manor	1133 Washington Avenue	Portland	797-0600
	Springbrook	300 Spring Street	Westbrook	856-1230
Alz	Harbor Adult Day	Bay Square at Yarmouth	Yarmouth	846-0044
	Coastal Manor	20 West Main Street	Yarmouth	846-5013
	Island Commons ADC	RR1, Box 84	Chebeague Isl	846-4456

**Home Health Agencies:** *Visiting nurses, home health aides, personal care assistants, and homemakers can provide services in the home ranging from personal care to health care and professional care.*

	Community Health Service	901 Washington Ave	Portland	775-7231
	55 Plus Center	6 Noble Street	Brunswick	729-0757
	Community Hlth. & Nursing Svs	50 Baribeau Drive	Brunswick	729-6782
	Home Instead Senior Care	31 Main Street	Gorham	839-0441
	Home Resources of Maine	201 Main Street, Suite 8	Westbrook	1-800-639-3084
	Interim Health Care	5 Cumberland Avenue	Brunswick	725-7201
	Neighbors	PO Box 728	Brunswick	725-9444
	Gentiva Health Services	475 Pleasant Street	Lewiston	725-1041
	Gorham House at Home	50 New Portland Road	Gorham	839-5757
	Bridges	PO Box 2309	Augusta 04338	1-800-876-9212
	NE Rehab	335 Brighton Avenue	Portland	775-4000
	Alternative Nursing Care	570 Brighton Avenue	Portland	774-3267
	Catholic Charities	52 Congress Street	Portland	871-1161
	In Home Senior Services	980 Forest Avenue	Portland	797-0202
	Interim Health Care	11 Atlantic Place	Portland	828-4867
	VNA Network	50 Foden Road	South Portland	1-800-757-3326
	Admiral Home Care Svs	778 Main Street	South Portland	828-1591
	Critical Care Systems	10 Donald B. Dean Dr.	South Portland	775-3600
	Sandy River Resources	28 Villa Road	Westbrook	878-5423
	New England Life Care	1 Delta Drive	Westbrook	990-3121
	Apria Health Care	14 Yarmouth Inc.	Yarmouth	846-8543
	One Step Home Care	10 Sligo Road	Yarmouth	846-6886

**Residential Care/Assisted Living Facilities:** *Residential care and assisted living (AL) facilities serve individuals who need supervision around the clock, but do not yet have the medical problems that require nursing home placement. "Alz" next to facility name denotes they have an Alzheimer's Unit.*

Alz	SHARE (Good Neighbors)	PO Box 119, Meadow Rd.	Bridgton	647-8099
Alz	Skofield House	26-28 Cumberland St.	Brunswick	725-5801
	Thornton Oaks (AL)	25 Thornton Way	Brunswick	729-8033
	Chancellor Gardens of Cape Elizabeth (AL)		Cape Elizabeth	799-7332

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Alz	Crescent Hse at the Viking	126 Scott Dyer Road	Cape Elizabeth	767-3373
Alz	Dionne Commons (AL)	70 Baribeau Drive	Brunswick	725-4379
Alz	Sedgewood Commons	22 Northbrook Drive	Falmouth	781-5775
	Falmouth Hse. at Oceanview	52 Falmouth Road	Falmouth	781-4621
	Foreside Harbor (AL)	191 Foreside Road	Falmouth	781-8201
Alz	Webster Commons (Hawthorne House) (AL)		Freeport	865-4782
Alz	Gorham House	50 New Portland Road	Gorham	839-5757
	The Atrium at Cedars	640 Ocean Avenue	Portland	775-4111
Alz	Fallbrook Woods	32 Merrymeeting Drive	Portland	878-0788
	Park Danforth (AL)	777 Stevens Avenue	Portland	797-7710
	Piper Shores	15 Piper Road	Scarborough	883-8700
Alz	Portland Center for Assisted Living (AL)		Portland	772-2893
	Seventy Five State St. (AL)	75 State Street	Portland	772-2675
Alz	Seaside Nursing and Retirement Ctr.		Portland	774-7878
Alz	Scarborough Terrace (AL)	600 Commerce Drive	Scarborough	885-5568
Alz	Springbrook Health Ctr	300 Spring Street	Westbrook	856-1230
Alz	Bay Square at Yarmouth	27 Forest Falls Drive	Yarmouth	846-0044
Alz	Vicarage By The Sea	9 Vicarage Lane	Harpswell	833-5480

**Nursing Facilities:** *Nursing facilities serve people with Alzheimer's and other dementias who have medical needs that require nursing care. "Alz" next to facility name denotes they have an Alzheimer's Unit.*

Alz	The Viking	126 Scott Dyer Road	Cape Elizabeth	767-3373
Alz	Falmouth by the Sea	191 Foreside Road	Falmouth	781-4714
Alz	Sedgewood Commons	22 Northbrook Drive	Falmouth	781-5775
Alz	Freeport Nursing Home	3 East Street	Freeport	865-4713
Alz	Hawthorne House	Old County Road	Freeport	865-4782
Alz	Gorham House	50 New Portland Road	Gorham	839-5757
Alz	Barron Center	1145 Brighton Avenue	Portland	774-2623
Alz	Seaside Nursing and Retirement Ctr.		Portland	774-7878
Alz	Maine Veterans' Home	290 US Rte 1	Scarborough	883-7184
Alz	South Portland NH	42 Anthoine Street	South Portland	799-8561
Alz	Springbrook Health Ctr	300 Spring Street	Westbrook	856-1230
Alz	Brentwood Rehab. and Nursing Ctr.	370 Portland St.	Yarmouth	846-9021
	Piper Shores	15 Piper Road	Scarborough	883-8700

**FOR MORE INFORMATION CALL:**

**THE ALZHEIMER'S ASSOCIATION  
MAINE CHAPTER  
PORTLAND, ME  
1-800-660-2871**

***This list does not constitute an endorsement or a recommendation.***

11/97

Updated 2/98, 10/98, 5/99, 1/00, 8/00, 3/01, 12/01, 7/02